



pürovel
spa & sport



OPERATING HOURS

Fitness:	24 hours
SPA reception:	8:00 - 21:00
Wellness treatments:	9:00 - 20:00
Pools and saunas:	8:00 - 21:00

CONTACTS

 +420 292 332 295

 purovel.marianskelazne@swissotel.com



SPA ETIQUETTE

Balance begins with respect.

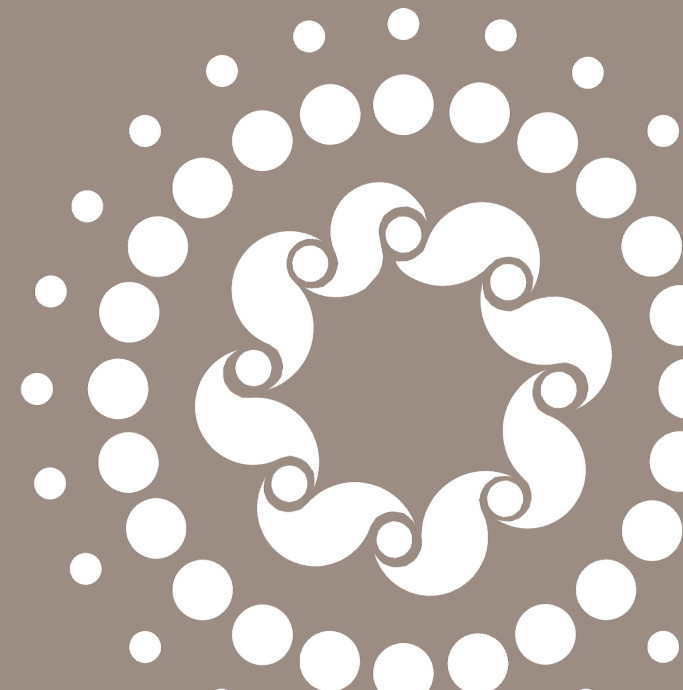
At Pürovel Spa & Sport, we believe that true vitality arises from harmony – of body, mind, and the space we share.

To ensure that every guest can enjoy their time in comfort and serenity, we kindly ask you to observe a few simple guidelines designed to create a safe and pleasant environment for all.

Our spa etiquette reflects the values of **Swiss precision, care, and mindfulness.**

By following these principles, you help us create an experience that is truly exceptional – **full of vitality, calm, and respect.**

Be at ease. Live it well.



SPA ETIQUETTE

- Food and drinks are not permitted in the activity areas or changing rooms. The exception is the vitality bars operated by Pürovel Spa & Sport.
- Guests with high blood pressure, heart disease, health complications or pregnant women are advised to consult a doctor before using the spa services.
- Persons with open wounds, blisters, infectious skin diseases, etc. are requested not to use the pool, hammam or sauna.
- Entry into the pool, sauna or hammam under the influence of alcohol or drugs is not permitted.
- Long hair should be tied back or covered with a swimming cap.
- Jumping and diving into the pool is prohibited.
- Appropriate swimwear or other appropriate clothing must be worn when using the pool, sauna and hammam.
- Showering is required before entering any spa facility.
- Use a towel to support yourself in the sauna and hammam.
- After physical activity, it is recommended to rest for a while and let your body cool down before entering the sauna.
- All facilities are used at your own risk.
- Saunas are only allowed to be entered without slippers.
- Appropriate swimwear must be worn in the pool. Loose clothing, shorts, casual clothes or baby diapers are not allowed.

- Toddlers can only use the pool with special diapers.
- Out of respect for different cultural customs, nudity is not allowed in the pool and other spa areas.
- We recommend that you do not bring jewellery or other valuables into the spa areas. For security reasons, please store them in the safe in your room.
- The spa management is not responsible for the loss, damage or theft of personal belongings, money or valuables brought into the spa area.
- The management reserves the right to deny entry to the spa areas.
- The hotel management is not responsible for loss or damage to personal property.
- Use of the facilities is at your own risk. The hotel is not responsible for any injuries resulting from the use of the spa equipment.
- Entry to Pürovel Spa & Sport is only permitted to guests over 15 years of age. Children under 15 must always be accompanied by a person over 18 years of age.
- The use of toys in the pool is not permitted. For safety reasons, we recommend inflatable armbands for children.
- The management of Pürovel Spa & Sport reserves the right to change the service offer without prior notice.
- Vulgar behaviour or the presence of people under the influence of alcohol or drugs is not tolerated in the spa.
- We do not tolerate offensive or humiliating behaviour towards employees, therapists or other guests.





FITNESS

- Before starting any fitness training, we recommend consulting a doctor.
 - It is advisable to warm up your muscles before exercising.
 - We recommend avoiding heavy meals immediately before physical activity.
 - Clean athletic shoes and appropriate fitness attire (T-shirt and pants or shorts) are required in activity areas. No shirtless exercise is permitted.
 - During peak times, please limit use of cardiovascular equipment to a maximum of 30 minutes if other guests are waiting.
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PROCEDURES

- Before beginning your treatment, please complete a medical questionnaire and register with the spa reception.
- If you have any medical conditions, please state them when booking your appointment. Some treatments may not be suitable for you.
- Before the treatment, inform your therapist of any medical conditions.
- If you wear contact lenses, please notify the staff before your facial.
- For a full spa experience, including a welcome ceremony, we recommend arriving at least 15 minutes before the start of your treatment.
- In case of late arrival, please inform the spa reception. Due to time constraints, your treatment may be shortened.
- Cancellations or rescheduling are possible up to 4 hours before the scheduled appointment. Later changes or no-shows will be charged in full.
- Reservations made less than 4 hours before the appointment are considered binding and cannot be cancelled.
- Please inform your therapist if you do not feel comfortable during the treatment - for example, if you are too hot or cold, or if the pressure during the massage is too strong or weak. Our goal is for you to enjoy the experience to the fullest.
- Please check the current prices and availability of treatments before booking.
- Requests for services outside the official spa offer will not be accepted.



PÜROVEL SPA & SPORT MARIÁNSKÉ LÁZNĚ

Welcome to an oasis of peace and relaxation, where time slows down and every breath smells of harmony. Our Pürovel Spa & Sport wellness is a place where elegance is combined with deep relaxation.

Here you will find two pool zones with hydromassage elements that contribute to muscle relaxation and overall relaxation. The bio sauna and the Finnish sauna will stimulate energy and cleanse the body and mind. The salt cave with a high mineral content helps the respiratory tract and strengthens the immune system.

The hammam bath, inspired by traditional rituals, combines warm steam, fine foam and a caring touch for deep cleansing. The relaxation zone is designed with an emphasis on a peaceful environment, comfort and discretion.

Every detail reflects the high standard of service and an emphasis on an individual approach. Wellness here is not just a service, but an invitation to stop and find inner balance.



PÜROVEL SPA AND SPORT FACILITIES

VITALITY WELLNESS EXPERIENCES

VITALITY BAR

At the heart of our spa you will find two stylish vitality bars, which are the ideal place to relax between treatments.

We offer a selection of quality teas, coffees and light Pürovel snacks to support your regeneration and give your body the energy it needs.

Treat yourself to a cup of hot drink, refreshing water with fruit or a healthy snack - your body will thank you.

VITALITY ROOMS

Select Vitality Rooms offer a unique blend of comfort and an active lifestyle. Featuring sleek fitness equipment with easy-to-use workout options right in the privacy of your room – perfect for a morning stretch, a light workout or unwinding after a busy day. Vitality Rooms are designed to encourage a balance between activity and relaxation – without having to leave the comfort of your room.

SWIMMING POOL

Our indoor pools offer the ideal environment for undisturbed relaxation in every season. The pleasant water temperature relaxes the body and calms the mind.

The pool area is available from 8:00 to 21:00

FITNESS

The hotel's modernly equipped fitness center offers the ideal space for active guests who want to maintain their training regimen during their stay. You will find cardio machines, weight training equipment, as well as a space for stretching or functional training. The fitness center is open 24 hours a day, so there is nothing to stop you from starting your day with exercise or ending it with a nice stretch.

HYDROTHERAPY WELLNESS EXPERIENCES

HAMMAN

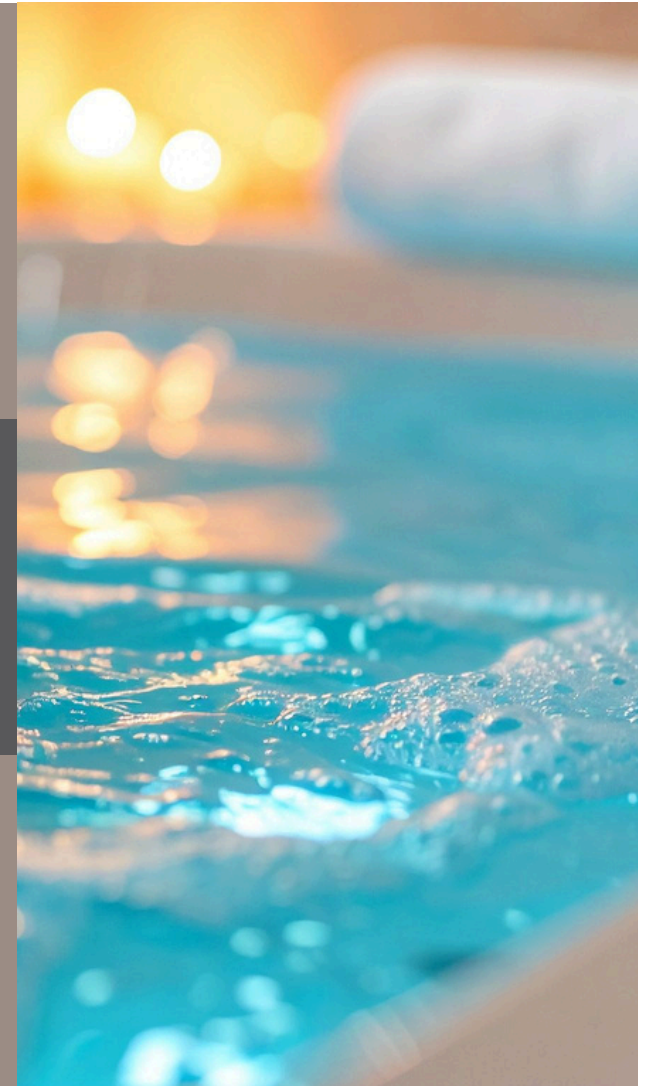
A deeply cleansing and relaxing experience that combines warmth, humidity and a peaceful atmosphere. The moist, hot steam opens the pores, promoting skin detoxification. The body warms up, the muscles relax and the mind calms down. The recommended time spent in the Hammam is 15-30 minutes, after which it is advisable to replenish fluids and rest. The Hammam is ideal as a preparation before treatments or as a separate ritual for regeneration and energy renewal.

SAUNA WELLNESS

Sauna brings beneficial effects to the body and mind - it intensively warms the body, promotes detoxification, relaxes muscles and strengthens the immune system. The recommended length of stay is 10–20 minutes depending on the type of sauna. After the sauna, it is advisable to cool down the body, replenish fluids and allow yourself some rest.

ICE FOUNTAIN

Compliment any of the heat experiences with the ice fountain which will increase circulation by creating a pump throughout the body and strengthening the immune system. This leaves you with a feeling of being revitalized and contributes to general wellbeing.



SWISSÔTEL HOTELS & RESORTS
MARIANSKE LAZNE
SPA MENU



pürovel
spa & sport

HAMMAM RITUALS

The hammam is a centuries-old bathing ritual originating from the Orient – a mindful process that purifies body and mind through heat, steam, and water.

As you rest on warm marble, your body gradually warms, muscles release, and skin begins to breathe.

A gentle exfoliation and warm-water cleansing follow, washing away tension and restoring lightness.

At Swissôtel Mariánské Lázně, we've reimagined the hammam as a modern ritual of calm and renewal – honouring its roots while embracing Swiss precision and care.

Every movement, every drop of water is designed to awaken natural vitality.

HAMMAM DISCOVERY

30 min

50 € / 1250 CZK

A gentle introduction to the cleansing power of the hammam ritual.

TRADITIONAL HAMMAM

60 min

100 € / 2500 CZK

The authentic experience: steam, black soap cleansing, and a ghassoul clay wrap, followed by a nourishing massage with pure argan oil.

HAMMAM GLOW

90 min

150 € / 3750 CZK

A sensory ritual with a luxurious foam massage. Includes steam, black soap cleansing, ghassoul wrap for face and body and a soothing argan oil massage.



PÜROVEL PHILOSOPHY

The Pürovel philosophy is derived from the origin of wellbeing and use of nature's resources, such as stone, wood, water, flora, and pure, invigorating Alpine air reflecting the changing seasons of the Swiss mountains.

Signature Pürovel Spa treatments use essential oils organically produced in Switzerland, and work in symmetry with well-designed and modern sports training facilities, having both been created to invigorate and vitalize in rhythm with the seasons.

THE PÜROVEL EXPERIENCE

The name Pürovel comes from Swiss origins and means "a gently flowing stream." It reflects the quiet elegance and purity of our Swiss heritage, subtly flowing through every detail.

Our signature Pürovel bath and massage oils are infused with rare Alpine botanicals: the calming essence of clary sage, the timeless aroma of lavender, the invigorating freshness of peppermint, the gentle warmth of bee balm, and the crisp vitality of spruce, silver fir, and Douglas fir needles.



PÜROVEL MASSAGES

PÜROVEL REFRESHING RELAXATION

60 min /90 min

A soothing journey inspired by Alpine meadows. Long, flowing strokes combined with herbal essential oils restore deep relaxation and serenity.

100 € / 2500 CZK

150 € / 3750 CZK

PÜROVEL MUSCLE RECOVERY

60 min /90 min

Ideal after activity or a demanding day, this restorative massage uses medium to deep pressure and targeted essential oils to release tension and renew vitality.

100 € / 2500 CZK

150 € / 3750 CZK

PÜROVEL MOUNTAIN HOT STONE

90 min

Warm volcanic stones and aromatic oils melt away stress, enhancing circulation and inviting profound relaxation.

150 € / 3750 CZK



SUSANNE KAUFMANN PHILOSOPHY

Susanne Kaufmann takes a holistic approach, innovating with the finest Alpine ingredients to craft a superior skincare range that nurtures the face and body with nature at its most effective.

Holistic Alpine Heritage

Rooted in Austrian spa heritage, Susanne Kaufmann crafts skincare that supports skin health and indulges the senses.

Effective Natural Actives

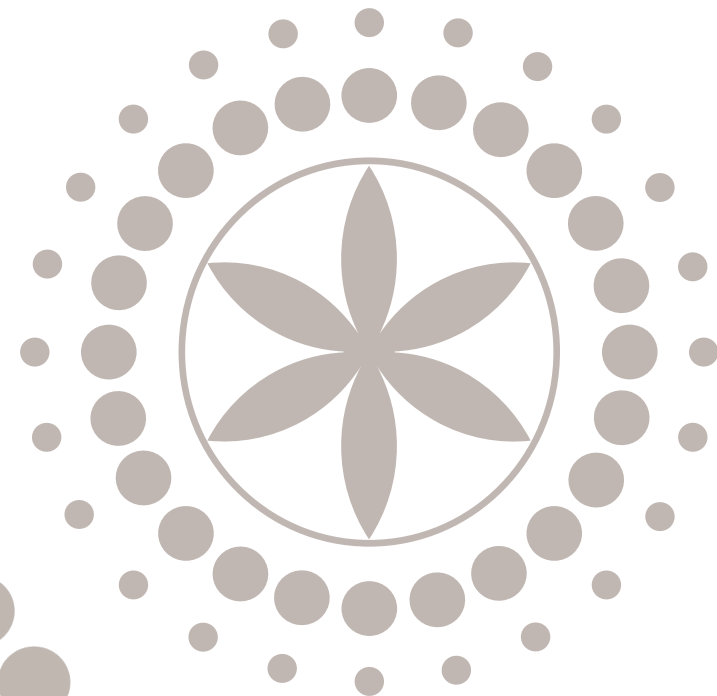
Harnessing Alpine plant actives and holistic heritage, each formula is powered by nature and proven by science.

Science-Backed Formulations

Combining natural efficacy with skincare science, Susanne Kaufmann delivers clinically proven, instant and lasting results.

Respecting Our Planet

Since 2003, Susanne Kaufmann has championed sustainable practices that honour people, planet, and the balance between them.



SUSANNE KAUFMANN MASSAGES

Enriched with the finest ingredients and backed by modern science, the SUSANNE KAUFMANN product range is formulated to support skin, stimulate its natural processes and help to regenerate, bringing the skin back to its optimal condition. This makes our products stand out and forms the basis of our face and body spa treatments.

We treat our guests holistically – physically and mentally, from the inside out harnessing the true wellbeing practices of a range of massage techniques including lymphatic drainage, fascial release and trigger point work to deliver true holistic benefits. Ensuring that every stroke, every move, every product, has purpose. Our treatment menus are designed to provide efficiency, clarity and transparency, driven by results and the sensorial journey.

FUSION BODY MASSAGE

60 min

A Susanne Kaufmann signature treatment that combines refined techniques to dissolve stress, leaving body and mind in a state of deep balance and relaxation.

HEAD, NECK & SHOULDERS

60 min

Beginning with a calming opening ritual, this indulgent treatment eases tension in the back, shoulders, neck, and scalp, bringing clarity and release.



100 € / 2500 CZK

100 € / 2500 CZK

FACIAL TREATMENTS

ALKALINE DEEP CLEANSING FACIAL **60 min**

A Susanne Kaufmann signature treatment that combines refined techniques to dissolve stress, leaving body and mind in a state of deep balance and relaxation.

100 € / 2500 CZK

AGE DEFENCE FACIAL **60 min**

Beginning with a calming opening ritual, this indulgent treatment eases tension in the back, shoulders, neck, and scalp, bringing clarity and release.

100 € / 2500 CZK

BARRIER-BOOSTING ECTOIN FACIAL **60 min**

This advanced treatment strengthens the skin's barrier, smooths fine lines, and restores suppleness for lasting comfort and radiance.

100 € / 2500 CZK

GLOW FACIAL **60 min**

An instant radiance ritual. Glow Mask deeply cleanses and regenerates, followed by a Moisturising Mask to lift, firm, and unveil luminous, renewed skin.

100 € / 2500 CZK

BESPOKE MEN'S FACIAL **60 min**

A revitalizing treatment with deep cleansing and regenerative techniques tailored to restore freshness and vitality to men's skin.

100 € / 2500 CZK



BODY TREATMENTS

SIGNATURE BODY TREATMENT

90 min

Susanne Kaufmann renewing wellness journey with an invigorating body scrub, followed by a full-body and scalp massage tailored to release stress and restore harmony.

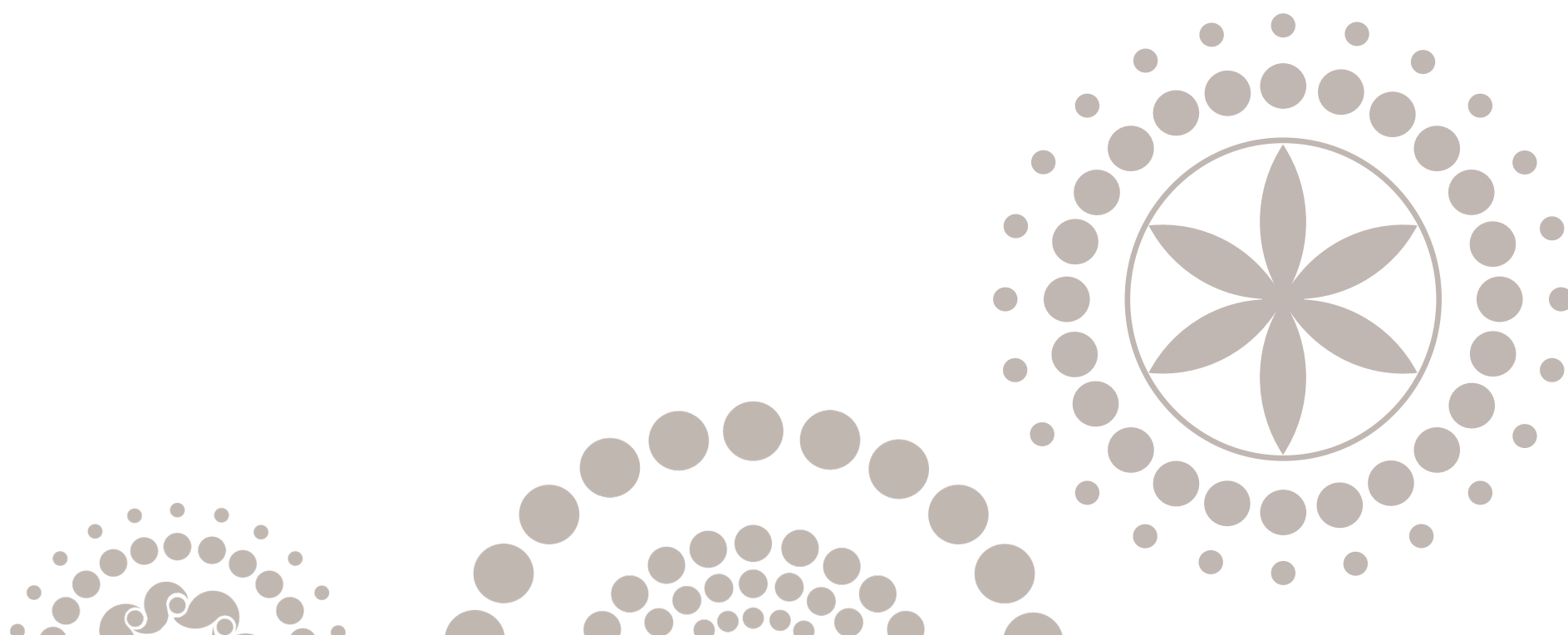
150 € / 3750 CZK

SHAPE & SLIM EXPERIENCE

60 min

This contouring ritual begins with a stimulating body scrub, followed by a toning massage designed to firm, smooth, and strengthen the skin.

100 € / 2500 CZK

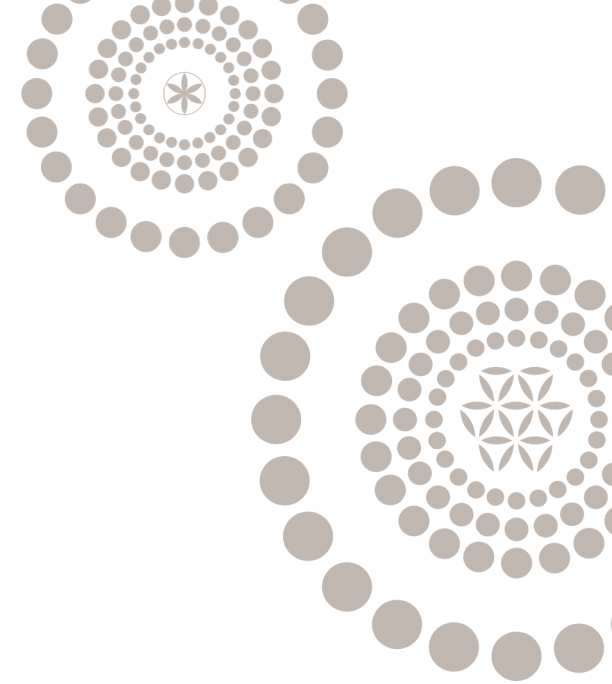


PHARMOS NATUR PHILOSOPHY

We have been thinking and acting holistically for 40 years. We develop our unique holistic products and treatments according to this principle.

Holistic Beauty, Holistic Health, Holistic Treatments.

Our PHARMOS NATUR plants grow in energy-rich places, on healthy, nutrient-rich soil and in the right climate, with intensive light exposure. This is why they have a unique network of many hundreds of active ingredients.



BODY TREATMENTS

CELLULAR BOOST TREATMENT

90 min

Harnessing the power of Pharmos Natur's plant-based actives, this nourishing treatment tightens skin, activates renewal, and restores youthful vitality.

150 € / 3750 CZK

VITALITY FLOW EXPERIENCE

90 min

A holistic detox ritual using sacred Aloe Vera and biophoton-infused oils. It cleanses, strengthens connective tissue, stimulates metabolism, and leaves the body feeling light, renewed, and free.

150 € / 3750 CZK



COUPLES MESSAGES

Shared calm. Restored connection.

Discover a moment where time slows and space fills with quiet, touch, and presence. Our couple massages invite you to unwind together – with a partner, a friend, or someone close to your heart.

In the serene setting of Pürovel Spa & Sport, inspired by the rhythm of Swiss nature, your bodies release tension and your minds return to balance.

Each touch is guided by care, respect, and the natural flow of breath.

Pause together. Renew the energy that connects you.

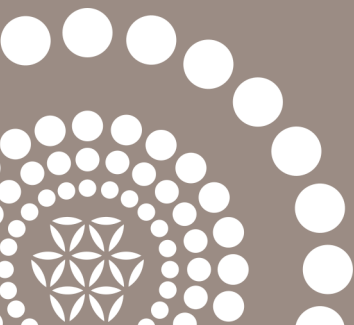
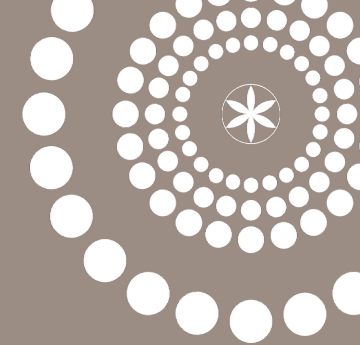
Be at ease. Live it well.

COUPLES MASSAGE

A shared wellness ritual where two can experience their chosen treatment side by side.

60 min

100 € / 2500 CZK



ADD-ONS FOR A BESPOKE EXPERIENCE

Dive into our scrub-bar and feel the power of the products in your skin. Well-being is irresistible.

FACIAL FRESHNESS KICK

30 min

An intensive ritual using Aloe Vera fresh plant leaf from Pharmos Natur. Skin is regenerated, energy flows, and the spirit is uplifted. Can be chosen as an add-on or a stand-alone treatment.

50 € / 1250 CZK

DETOX SALT SCRUB

30 min

An invigorating sea salt scrub with Alpine herbs to stimulate circulation, detoxify, and replenish skin with minerals and trace elements.

50 € / 1250 CZK

SMOOTH HERBAL SCRUB

30 min

An exquisite herbal polish with adaptogenic plants, revitalizing circulation and leaving skin silky, toned and radiant.

50 € / 1250 CZK

CELLULAR BOOST WRAP

30 min

A rejuvenating body wrap with Cell Repair Complex, tightening tissue, replenishing moisture, and activating renewal. Perfectly complements the Cellular Boost Treatment.

50 € / 1250 CZK

DETOX WRAP

30 min

A purifying body wrap that stimulates lymph flow, reduces cellulite and leaves the body feeling light and cleansed. Ideal following the Vitality Flow Experience.

50 € / 1250 CZK

SCALP & BODY SCRUB

30 min

Enhance any massage with this revitalizing scrub, or combine it with a wrap for a complete bespoke ritual.

50 € / 1250 CZK



ADD-ONS FOR A BESPOKE EXPERIENCE

RED LIGHT FACIAL MASK

15 min

Red light penetrates deep into the skin, helps reduce fine lines, improves elasticity and evens out skin tone. Ideal for all skin types that desire a healthy and fresh appearance.

20 € / 500 CZK

LYMPHATIC DRAINAGE PANTS

30 min

This modern procedure helps reduce swelling, improve circulation, and promote body regeneration. It is also popular for body shaping and cellulite reduction. Recommended as a stand-alone treatment.

30 € / 750 CZK



IN-ROOM BATH RITUALS

For our guest only. Applies to selected rooms that are equipped with a bathtub.

BATH FOR THE SENSES
MOUNTAIN PINE BATH
ST. JOHN'S WORT BATH

35 min

50 € / 1250 CZK





OUR SPECIALS

OUTDOOR VITALITY EXPERIENCE

Under the guidance of our coach, you will embark on a journey into nature, where a comprehensive experience focused on health, balance and regeneration awaits you. This experience is ideal for anyone who wishes to gain new energy, release tension and strengthen their health in a natural way.

WATER SPRING JOURNEY

Let yourself be guided by the landscape that heals – step by step, sip by sip. Our experience map will guide you on a unique route through nature and the historic part of the city, where you will discover our healing water springs.

FOREST BATHING MAP

Slow down, breathe, and let nature heal you. Our specially designed map will guide you through a forest therapy trail that promotes mental balance, reduces stress, and boosts immunity.

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